



**Katy Independent School District
School Health Advisory Council
2023-2024 Annual Report**

The first School Health Advisory Council (SHAC) meeting for the 2023-2024 school year was held Thursday, October 12, 2023, at the Katy ISD Nutrition and Food Services Office from 1:02-2:21 PM. The meeting was recorded and posted on the SHAC website, in accordance with SB 1525. Members and guests were introduced. H.C. Grimet, Coordinator of Physical Education, Health and the Outdoor Learning Center, led the introductions and began the meeting with a brief review of the SHAC meeting norms. H.C. Grimet reviewed membership requirements for coordinated school health and outlined the 8 components of membership, including parent involvement. The purpose of SHAC, he explained, is to advocate for curriculum provided in KISD schools and to ensure alignment with the values of the community. Cydney Wright from KISD Partners in Education gave an overview of the KEYS program. Mrs. Wright stated the program supports over 600 students by providing weekly mentorship meetings to each assigned mentee. Kara Ihedigbo from Harris County Public Health discussed community health and wellness opportunities for in person programs or community presentations. Dr. Jackie Mintor and Kaila Williams from Ft. Bend Health and Human Services shared mental health, housing, obesity, heart disease and maternal health/prenatal care priorities for Ft. Bend County, as determined by the 2022 Community Health Assessment. H.C. Grimet closed out the meeting by announcing future SHAC meeting dates for the 2023-2024 school year and allowed time for attendees to ask any pertinent questions. H.C. Grimet thanked everyone for being at the meeting and the meeting was adjourned.

The second School Health Advisory Council (SHAC) meeting for the 2023-2024 school year was held Thursday, November 16, 2023, at the Katy ISD Nutrition and Food Services Office from 1:01-2:33 PM. The meeting was recorded and posted on the SHAC website, in accordance with SB 1525. Members and guests were introduced. H.C. Grimet, Coordinator of Physical Education, Health and the Outdoor Learning Center, led the introductions and began the meeting with a brief review of the SHAC meeting norms. Janice Longino from Kids Teaching Kids Healthy Lifestyles gave a presentation about the program available for elementary through high school



students to develop healthy eating habits and lifestyles. Therese Highnote, Director of Health Services discussed the new Senate Bill 629 which requires all school clinics to have Narcan available to administer in case of a possible narcotic overdose. The SHAC committee viewed the instructional videos from Discovery Education to consider for approval to be shown to students with parent opt-in permission to participate in the instruction. H.C. Grimet closed the meeting with a reminder that the next meeting will be January 18, 2024, at the Katy ISD Nutrition and Food Department conference room from 1:00PM-2:30PM.

The third School Health Advisory Council (SHAC) meeting was held Thursday, January 18, 2024, at the Katy ISD Nutrition and Food Services Office from 1:02-2:14 PM. Nine members were present. The meeting was recorded and posted on the SHAC website, in accordance with SB 1525. Members and guests were introduced. H.C. Grimet, Coordinator of Physical Education, Health and the Outdoor Learning Center, led the introductions and began the meeting with a brief review of the SHAC meeting norms. William Robins from KISD Emergency Management gave bond updates for safety measures around the district including exterior safety film for windows and doors, fencing upgrades, current safety audits, and the addition of our new security guards at campuses. Paulina Avila-Martinez from Spring Branch Community Health Center shared services their center offers for pediatrics, dental health, behavioral health and women's health in their clinics. Mobile units are also available for health fairs for CATCH nights. Sandy Hill from Data Projections introduced an interactive playground which can be used in any space such as gyms, classrooms, and libraries. The digital system projects on the floor for lots of physical activities and cross curricular learning. H.C. Grimet closed with a reminder that the next meeting will be March 7, 2024, at the Katy ISD Nutrition and Food Department conference room from 1:00PM-2:30 PM.

The fourth meeting was held Thursday, March 7, 2024, at the Katy ISD Nutrition and Food Services Office from 1:00 to 2:30 PM. The meeting was recorded and posted on the SHAC website in accordance with state guidelines. Members and guests were introduced. H.C. Grimet,



Coordinator of Physical Education, Health and the Outdoor Learning Center, led introductions and began the meeting with a brief review of the SHAC meeting norms. Danielle Tank, Katy ISD Food Service Dietitian gave a presentation over the KISD National School Breakfast week activities and programs and tested SHAC members with fun/fact breakfast trivia. LaVerne Metayer from Harris County Public Health shared a lead poisoning presentation available to schools and community functions. The 2023-24 annual SHAC report was reviewed by H.C. Grimet and agreed upon by the SHAC council. H.C. Grimet also guided a brainstorming discussion for future SHAC meeting dates, times, locations and possible topics for next year. Members were thanked for their service on the committee and the meeting was adjourned.